



CHICHESTER RUNNERS & A.C.
present the



19th annual CORPORATE CHALLENGE 2010

Sponsors: EVANS WEIR; Chartered Accountants and WSI NetExpert, Internet Marketing

**An evening series of road races held under U.K. Athletics rules – permit applied for
Wednesdays 24th February - 10th March – 24th March**

Venue:

Assembly Rooms, North Street.
Changing facilities and showers available at Westgate Centre.
Free car parking in City Centre Car Parks after 6.00 p.m.

Timetable (for all 3 evenings):

6.30 p.m. Primary School boys Race years 5 & 6 1400m, (2 laps)
6.40 p.m. Primary Schools girls Race years 5 & 6 1400m (2 laps)
(please note only years 5 & 6 eligible to run)

6.50 p.m. Year 7 boys & girls 2100m (3 laps)
Year 8 boys & girls 2100m (3 laps)
Years 9 & 10 girls 2100m (3 laps)
Years 9 & 10 boys 2800m (4 laps)

3 to score in all junior teams

(Please use separate entry form for all junior races)

7.15 p.m. Corporate Challenge "A" race
approx. 4500m (4 laps)

7.40 p.m. Corporate Challenge "B" race
approx. 4500m (4 laps)

Please use entry form below for the Corporate Challenge.

The Corporate Challenge is split into "A" and "B" races for logistical reasons. Race "A" for runners under 18 min (10K in under 40min); race "B" for all other runners. **This will be strictly adhered to.** Team results calculated from aggregate of fastest times regardless of "A" or "B"

Please detach-----

To: Philip Baker, Race Secretary, The Kemps, The Drive,
Chichester, West Sussex PO19 5PP. 01243 533784
SAE for acknowledgement only.

Name of Team.....

Team Organiser.....

Address.....

.....

.....

Telephone: work.....home.....

Prizes will be awarded in the following categories

1st 3 teams overall (4 to score)
1st 3 women's teams (3 to score)
1st sports/college/schools team (4 to score)
1st sports/college/schools womens team (3 to score)
1st individual male (aggregate of 3 races)
1st individual female (aggregate of 3 races)

Entry fee (for the series of all 3 races)

£9.00 for runners from a U.K. Athletics affiliated club.
Attached runners must have a current English Athletics number
£11.00 for unattached runners (the £2 levy for non-affiliated runners
pays for their insurance in all 3 races)
£3.00 for students in full-time education, and / or juniors

CLOSING DATE FOR ENTRIES 20th February (earlier entries
appreciated) **Entries on the day only if space available**

Numbers are be collected at the Assembly Rooms from 5.30 p.m.
onwards. **Please keep your number for all three races**

WE PREFER RUNNERS NOT TO USE ANOTHER
COMPETITOR'S NUMBER BUT IF YOU DO SO PLEASE TELL
THE ORGANISERS BEFORE THE RACE TO ENABLE US TO
PRODUCE ACCURATE RESULTS.

Course Records:

Men: Michael East 12 min 39 sec (2008)
Women: Zara Hyde Peters 14 min 15 sec (1996)

PHONE FOR ALL ENQUIRIES 01243 533784

| Surname | first name | sex | entry fee |
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Cheques payable to "Chichester Runners & A.C."

Total amount enclosed £

Declaration: all competitors should be medically fit to run and understand that they enter at their own risk. The organisers will not be held responsible for any injury or illness incurred by any person during, or as a result of the event, or for any property lost on the course, in the changing rooms, or in the vicinity of the course.

I HEREBY DECLARE THAT THE ABOVE ARE AMATEURS ACCORDING TO THE RULES OF U.K. ATHLETICS, AND ACCEPT THE TERMS AND CONDITIONS OF THE COMPETITION.

Signature..... Date.....